

# SALT LAKE AREA SINGLE PARENT RESOURCE LIST

2016



## ADVOCACY GROUPS

Community Action Program.....801-359-2444  
Utahns Against Hunger.....801-328-2561

## CHILD ABUSE

Child Abuse Hotline.....1-855-323-3237  
Family Support Center (Crisis Nursery)  
Midvale.....801-255-6881  
Sugarhouse.....801-487-7778  
West Valley.....801-967-4259  
Prevent Child Abuse Utah.....801-393-3366  
Salt Lake County Division of Youth Services.....385-468-4500

## CHILD CARE/AFTER SCHOOL PROGRAMS

Boys & Girls Club, Greater Salt Lake.....801-322-4411  
Care About Childcare.....1-855-531-2468  
Family Support Center (Crisis Nursery)  
Midvale.....801-255-6881  
Sugarhouse.....801-487-7778  
West Valley.....801-967-4259  
Head Start.....801-977-1122  
Neighborhood House.....801-363-4589  
Salt Lake County Parks & Recreation.....385-468-1800  
YWCA Drop-in child care available for members.....801-537-8600

## CLOTHING/FURNITURE/HOUSEHOLD ITEMS

Crossroads Urban Center.....801-364-7765  
Deseret Industries (DI) (Welfare Square).....801-240-7202  
Rescue Haven (women's & children's clothing).....801-521-5925  
Rescue Mission (men's clothing).....801-355-1302  
Salvation Army.....801-322-1253  
St. Vincent de Paul Center.....801-363-7710

## DOMESTIC VIOLENCE

(See also: General Resource List)

Domestic Violence Information Line.....1-800-897-5465  
Legal Aid Society.....801-328-8849  
South Valley Services (shelter).....801-255-1095  
Utah State Office for Victims of Crime.....1-800-621-7444  
VINE (Victim Information & Notification Everyday)....1-877-884-8463  
YWCA (shelter).....801-537-8600

## ETHNIC/MINORITY GROUPS

Asian Association & Refugee Center of Utah.....801-467-6060  
Centro de la Familia de Utah.....801-521-4473  
Guadalupe Educational Programs.....801-531-6100  
Indian Walk-In Center.....801-486-4877  
International Rescue Committee (Refugees).....801-328-1091  
NAACP (Salt Lake Chapter).....801-250-5088  
Utah Pride Center.....801-539-8800

## FINANCIAL COUNSELING

AAA Fair Credit Foundation.....1-800-351-4195  
American Credit Foundation.....801-208-1000  
Community Action Program.....801-359-2444  
Utah Legal Services (bankruptcy info).....801-328-8891  
Utah State University Extension Services.....385-468-4820

## FOOD ASSISTANCE PROGRAMS

See Food Resource List

## HEALTH INFORMATION

See Salt Lake Area Health and Dental Resource Lists

## HOUSING/UTILITIES

Assist, Inc (home repair).....801-355-7085  
Community Action Program (CAP).....801-359-2444  
Community Development Corporation.....801-994-7222  
Habitat for Humanity.....801-263-0136  
HEAT (Home Energy Assistance Target)  
Utilities.....801-521-6107  
Housing Authority  
Salt Lake City.....801-487-2161  
Salt Lake County.....801-284-4400  
West Valley City.....801-963-3320  
NeighborWorks Salt Lake.....801-539-1590  
Utah Department of Workforce Services (DWS).....866-435-7414  
Utah Housing Corporation.....801-902-8200

## JOB TRAINING/EDUCATION

Deseret Industries (DI) (Welfare Square).....801-240-7202  
Division of Rehabilitation Services (Voc Rehab).....801-538-7530  
Indian Training & Education Center.....801-973-6484  
LDS Employment Services (Welfare Square).....801-240-7240  
People Helping People.....801-583-5300  
School of Applied Technology (SLCC).....801-957-3354  
School Districts (Alternative programs)  
Granite.....385-646-5000  
Jordan.....801-567-8100  
Murray.....801-264-7400  
Salt Lake.....801-578-8599  
Single Mom Foundation (UHEAA).....801-321-7294  
Tooele Applied Technology College (ATC).....435-248-1800  
Utah Department of Workforce Services.....866-435-7414

## LEGAL ASSISTANCE

Disability Law Center.....801-363-1347  
Landlord/Tenant Mediation Program (CAP).....801-359-2444  
Legal Aid Society (Domestic law).....801-328-8849  
Utah Dispute Resolution (Mediation).....801-532-4841  
Utah Legal Services.....801-328-8891  
Utah State Bar  
Lawyer Referral.....www.utahbar.org  
Tuesday Night Bar.....801-297-7037



# SALT LAKE AREA SINGLE PARENT RESOURCE LIST 2016



## PARENTING CLASSES/COUNSELING

Children's Service Society of Utah.....	801-355-7444
Family Counseling Center.....	801-261-3500
Family Support Center.....	801-955-9110
Jordan Family Education Center.....	801-565-7442
Salt Lake County Division of Youth Services.....	801-468-4500
Utah Parent Center (children with disabilities).....	801-272-1051

## PREGNANCY TESTING

*(Tests are confidential)*

Intermountain Nurse Midwifery Services (free).....	801-507-7070
Jordan River Women's Health (free).....	801-561-2227
Rocky Mountain Women's Health Center (free).....	801-214-7650
Planned Parenthood Association of Utah (low cost)	
Salt Lake City.....	801-322-5571
West Valley City.....	800-230-7526
Pregnancy Resource Center (free).....	801-363-5433
Salt Lake Regional Hospital (free).....	801-350-4111

## RAPE/SEXUAL ASSAULT

*(See also: General Resource List)*

Rape Recovery Center (24/7 crisis line).....	801-467-7273
Rape/Sexual Assault Crisis Line.....	1-888-421-1100
Utah Coalition Against Sexual Assault (UCASA).....	801-746-0404

## RECREATION/YOUTH GUIDANCE

Big Brothers Big Sisters.....	801-313-0303
Boys & Girls Clubs of Greater Salt Lake.....	801-322-4411
Boy Scouts of America.....	801-582-3663
Girl Scouts of Utah.....	801-265-8472
Salt Lake County Division of Youth Services.....	385-468-4500
Salt Lake County Parks & Recreation.....	385-468-1800
Sorenson Multicultural Center.....	801-974-2420
Utah Youth Village.....	801-272-9980
YouthCity Artways.....	801-535-6053
YWCA.....	801-537-8600

## RUNAWAYS & RELATED SITUATIONS

Homeless Youth Resource Center, VOA.....	801-364-0744
National Runaway Switchboard.....	
.....	1-800-RUN-AWAY (1-800-786-2929)
Salt Lake County Youth Services Center.....	385-468-4500

## SHELTER, EMERGENCY

Family Promise –Salt Lake.....	801-961-8622
The Road Home.....	801-359-4142
Rescue Haven.....	801-521-5925
South Valley Sanctuary (Domestic Violence).....	801-255-1095
YWCA (Domestic Violence).....	801-537-8600

## SUPPORT GROUPS

Call for details on various groups.....2-1-1

## WELFARE AND FINANCIAL SERVICES

Office of Recovery Services (ORS) (child support).....	801-536-8500
Social Security Administration (SSA)	
National.....	1-800-772-1213
Salt Lake Office.....	1-866-851-5275
Unemployment Insurance Center.....	1-888-848-0688
Utah Department of Workforce Services (DWS).....	1-866-435-7414
Customer Relations.....	1-800-331-4341
Worker's Compensation Fund (WCF).....	1-800-446-2667

**Last Update: May 2016**

Please visit [www.211ut.org](http://www.211ut.org) for the most current resource lists.

**United Way 2-1-1 is the place to call if you need help or want to give help. Callers can be linked to resources available from health and human service programs throughout the state.**

