

Emergencies (24 Hours)

Life Threatening	9-1-1
Crisis/Suicide Prevention (UNI)	801-587-3000
National Suicide Prevention Lifeline	800-273-TALK (8255)
Poison Control	800-222-1222
Utah Human Trafficking Tip Line (Utah Attorney General Strike Force)	801-200-3443

Adult & Child Abuse/Neglect

Adult Protective Services (APS) (Reporting)	801-538-3567
Toll-free Hotline	800-371-7897
Child Abuse/Neglect Hotline (Reporting)	855-323-3237
Children's Justice Center (Salt Lake)	385-468-4560
West Jordan	385-468-4580
Family Support Center (Crisis Nursery)	
Midvale	801-255-6881
Sugarhouse	801-487-7778
West Valley	801-967-4259
Guardian Ad Litem/Court Appointed Special Advocate (CASA)	801-578-3962

Child/Youth/Family Services

See Single Parent Resource List

Domestic Violence

Crime Victim Support	
Draper City	801-576-6355
Murray City	801-284-4201
Salt Lake City	801-580-7969
Sandy City	801-568-4627
Child Advocate	801-568-6059
South Jordan City	801-254-4708
South Salt Lake	801-412-3660
Unified Police Department	385-468-9800
Utah Attorney General's Office	801-281-1206
Utah State Dept of Corrections, Office of Victim Services	801-545-5658
Utah State Office for Victims of Crime	800-621-7444
West Jordan City	801-566-6511
West Valley City	801-963-3223
Crisis line	801-231-8185
Domestic Violence Information Line	800-897-LINK (5465)
Legal Aid Society of Salt Lake	801-328-8849
Sego Lily Center for the Abused Deaf (video call)	801-614-7885
South Valley Services	801-255-1095
VINE (Victim Information & Notification Everyday)	877-884-8463
YWCA	801-537-8600

Employment/Job Training

Department of Workforce Services (DWS)	866-435-7414
Deseret Industries (DI) (Welfare Square)	801-240-7202
Utah State Division of Rehabilitation Services (Salt Lake)	801-526-0950
Indian Training and Education Center	801-973-6484
Job Corps	800-733-5627
Labor Commission	801-530-6800
Anti-discrimination	801-530-6801
LDS Employment Services (Salt Lake)	801-240-7240
People Helping People	801-583-5300

Financial Counseling

American Credit Foundation	801-208-1000
Community Development Corporation of Utah	801-994-7222
Fair Credit Foundation	800-351-4195
Upsolve (bankruptcy info)	www.upsolve.org/ut
Utah Legal Services (bankruptcy info)	800-662-4245
Utah State Bar Debtor's Counseling Clinic	801-297-7049
Utah State University Extension Services - Salt Lake County	385-468-4820

Food Assistance Programs

Food Pantries/Soup Kitchens (see Food Resource List or dial 2-1-1)

Department of Workforce Services (DWS) (SNAP)	866-435-7414
Salt Lake County Aging and Adult Services	
Meals on Wheels/Senior Meals	385-468-3200
Utah Co-op	801-556-2223
Utah Food Bank	
Mobile Food Pantries	2-1-1
Senior Food Box/Commodity Supplemental Food Program	801-887-1275
Utahns Against Hunger	
(Summer Food Service Program/Referral/Advocacy)	801-328-2561
Women, Infants & Children (WIC), Utah Department of Health	877-942-5437

Health Care/Hospitals/Clinics/Dental

See Salt Lake/Summit Area Health and Dental Resource Lists

Homeless Services

See Homeless Resource List

Household Items/Furniture/Clothing

Catholic Community Services	801-363-7710
Crossroads Urban Center	801-364-7765
Deseret Industries (DI) (Welfare Square)	
(Referral from LDS Bishop needed for items at no cost)	801-240-7202
Rescue Mission (men's clothing)	801-355-1302
Rescue Mission Women's Center (women's & children's clothing)	801-521-5925

Housing/Utilities

Assist (emergency home repairs/accessibility)	801-355-7085
Community Development Corporation of Utah (home purchase)	801-994-7222
Department of Workforce Services (DWS)	801-526-0950
Dominion Energy (Customer Service)	800-323-5517
Gas Leaks	800-767-1689
Blue Stakes	8-1-1 or 800-662-4111
Habitat for Humanity, Salt Lake Valley	801-263-0136
HEAT (Home Energy Assistance Target) (Nov. - April)	801-521-6107
Housing Authorities	
Salt Lake City (rental subsidies)	801-487-2161
Salt Lake County (rental subsidies)	801-284-4400
West Valley City (rental subsidies, home purchase, emergency home repairs)	801-963-3320
Lifeline Program (<i>former Utah Telephone Assistance Program</i>)	
800-234-9473	
NeighborWorks Salt Lake (home purchase/rehab)	801-539-1590
Rocky Mountain Power	888-221-7070
Outages	877-508-5088
Utah Community Action (Weatherization)	801-214-3215
Utah Housing Corporation (home purchase)	801-902-8200

Legal Information/Consultation

Disability Law Center	801-363-1347
Division of Consumer Protection	801-530-6601
Legal Aid Society of Salt Lake, Inc. (family law)	801-328-8849
Utah Legal Services	801-328-8891
Utah State Bar	801-531-9077
Tuesday Night Bar (Call M 1 - 5 pm for appointment)	801-297-7037
Utah State Courts' Self Help Center	888-683-0009
Free legal clinic listings	www.utcourts.gov/howto/legalclinics

Libraries

Salt Lake City

Anderson-Foothill	801-594-8611
Chapman	801-594-8623
Day-Riverside	801-594-8632
Glendale	801-594-8660
Main Library	801-524-8200
Marmalade	801-594-8680
Sprague	801-594-8640
Sweet	801-594-8651

Salt Lake County (customer service, holds, renewals, etc.) 801-943-4636

Locations:

Bingham Creek (West Jordan)	Millcreek
Calvin S. Smith (Salt Lake)	Riverton
Columbus (South Salt Lake)	Ruth Vine Tyler (Midvale)
Draper	Sandy
Herriman	South Jordan
Holladay	Taylorsville
Hunter (West Valley)	West Jordan
Kearns	West Valley
Magna	Whitmore (Salt Lake)

Mental Health/Counseling

The Children's Center (6 years old and younger)	801-582-5534
Christian Counseling Center	801-268-1564
Family Counseling Center	801-261-3500
Family Support Center (parents and children)	801-955-9110
Holy Cross Ministries	801-261-3440
Jewish Family Services	801-746-4334
Jordan Family Education Center (parenting)	801-565-7442
LDS Family Services	801-487-0499
NAMI UTAH (National Alliance on Mental Illness) (Helpline)	801-323-9900
Salt Lake County Youth Services (Ages 8-18)	385-468-4500
Utah Youth Village	801-272-9980
Valley Behavioral Health (intake)	888-989-4864

Other Services

Better Business Bureau	801-892-6009
Plasma Centers	
Biomat Plasma Services	801-363-7697
CSL Plasma Services	801-485-5085
Pregnancy Testing	
See Single Parent Resource List, or dial	2-1-1
Senior Corps of Retired Executives (SCORE)	801-957-5453
U.S. Small Business Development Center	801-524-3209
Utah Transit Authority	801-RIDE-UTA (743-3882)

People with Disabilities

Columbus Community Center	801-262-1552
Division of Services for People with Disabilities (DSPD)	844-275-3773
Neighborhood House Association	
Cottonwood Adult Day Center	801-277-3264
Riverside Adult Day Center	801-363-4593
Relay Utah	7-1-1 or 801-715-3470
RISE Services	801-208-1031
St. Joseph Villa	801-487-7557
Turn Community Services	801-359-8876
Utah Independent Living Center	801-466-5565
Utah Parent Center and Autism Information Resources	801-272-1051
Utah State Division of Rehabilitation Services (Salt Lake)	801-526-0950
Work Activity Center	801-977-9779

Pregnancy

Baby Your Baby Hotline	800-826-9662
The Children's Service Society of Utah (adoption)	801-355-7444
Planned Parenthood Association of Utah (Administration)	801-532-1586
Salt Lake City Health Center	801-322-5571
South Jordan Health Clinic	801-254-2052
West Valley City Health Center	801-973-9675
Pregnancy Resource Center of Salt Lake City	801-363-5433
MotherToBaby (Pregnancy Riskline)	801-328-2229
Teen Mother and Child Program	801-587-2525

Rape/Sexual Assault

Crime Victim Support	
Draper City	801-576-6355
Murray City	801-284-4201
Salt Lake City	801-580-7969
Sandy City	801-568-4627
Child Advocate	801-568-6059
South Jordan City	801-254-4708
South Salt Lake	801-412-3660
Unified Police Department	385-468-9800
Utah Attorney General's Office	801-281-1206
Utah State Dept of Corrections, Office of Victim Services	801-545-5658
Utah State Office for Victims of Crime	800-621-7444
West Jordan City	801-566-6511
West Valley City	801-963-3223
Crisis line	801-231-8185
Rape Recovery Center	801-467-7273
Sego Lily Center for the Abused Deaf (video call)	801-614-7885
Utah Coalition Against Sexual Assault (UCASA)	801-746-0404
Rape/Sexual Assault Crisis Line	888-421-1100

Senior Citizens

AARP	866-448-3616
Neighbors Helping Neighbors	801-585-9505
Salt Lake County Aging and Adult Services	385-468-3200

Sexually Transmitted Diseases/AIDS Info

Bureau of Epidemiology	801-538-6191
People with AIDS Coalition of Utah	801-484-2205
Planned Parenthood Association of Utah (Administration)	801-532-1586
Salt Lake City Health Center	801-322-5571
South Jordan Health Clinic	801-254-2052
West Valley City Health Center	801-973-9675
Primary Care Alliance – Ryan White Part C Program	801-585-2031
Salt Lake County Health Dept - STD/HIV/AIDS Education	385-468-4225
Utah AIDS Foundation	801-487-2323

Substance Abuse

For information on inpatient and outpatient substance abuse treatment programs, please call 2-1-1.

AA (Alcoholics Anonymous) of Salt Lake City Central Office	801-484-7871
Al-Anon Family Groups	801-262-9587
Assessment and Referral Services (University of Utah)	801-587-2770
Narcotics Anonymous	877-479-6262
Nicotine Anonymous	877-879-6422
Tobacco Quit Line	800-784-8669

Support Groups

Call for details on various groups 2-1-1

Volunteers

2-1-1 Volunteer Center 2-1-1

Welfare and Financial Services

Department of Workforce Services (DWS) Eligibility Services	866-435-7414
Utah State Office of Recovery Services (ORS)	801-536-8500
Social Security Administration (SSA) (National)	800-772-1213
Salt Lake Office	866-851-5275
South Jordan Office	866-690-1947
Unemployment Insurance Center	888-848-0688
VITA (Volunteer Income Tax Assistance, Jan-Apr 15)	2-1-1

Last Update: March 2019

Please visit 211utah.org for the most current resource lists.

United Way 2-1-1 is the place to call if you need help or want to give help. Callers can be linked to resources available from health and human service programs throughout the state.