

CRISIS/INFORMATION LINES

UNI Crisis Line (Suicide Prevention)	801-587-3000
National Suicide Prevention Lifeline (8255)	800-273-TALK
Child Abuse/Neglect Hotline (Reporting)	855-323-3237
Domestic Violence Information Line	800-897-LINK(5465)
National Runaway Safeline 800-RUN-AWAY	
Crisis intervention, message delivery service, and bus transportation home for runaway youth through age 21.	
Poison Control	800-222-1222
Rape Recovery Center	801-467-7273
Utah Human Trafficking Tip Line (Utah Attorney General Strike Force)	801-200-3443

QUICK REFERENCE NUMBERS

United Way 2-1-1	2-1-1
Bishop Weigand Homeless Day Center	801-363-7710
Crossroads Urban Center	801-364-7765
Homeless Outreach Program (VOA Van)	801-631-7584
LDS Church - Transitional Services	801-240-7340
The Road Home	801-359-4142
Salvation Army	801-988-4204
Utah Transit Authority	801-RIDE-UTA

EMERGENCY SHELTERS

Family Promise - Salt Lake

Any size family with children under 18
814 West 800 South
Phone: 801-961-8622

Rescue Mission of Salt Lake

Serves men, check in at 5:30 pm (ID required)
463 South 400 West
Phone: 801-355-1302

Rescue Mission Women's Center (Former Rescue Haven)

Serves single women
1165 South State Street
Phone: 801-521-5925

The Road Home Family, Men's, & Women's Shelter

210 South Rio Grande (455 West)
Phone: 801-359-4142

Salt Lake County Youth Services

Serves youth under age 18 with shelter and transitional services
177 West Price Avenue (3610 South)
Phone: 385-468-4500

South Valley Services (Sanctuary)

Serves female and male victims of domestic violence and their children
Phone: 801-255-1095

YWCA Shelter

Serves female victims of domestic violence and their children
322 East 300 South
Phone: 801-537-8600

DAY CENTERS

Bishop Weigand Homeless Day Center

Shower, laundry, phone, bag storage, haircuts, and referrals to other assistance programs
437 West 200 South
Phone: 801-363-7710
Hours: Service hours vary.

Rescue Mission

463 South 400 West
Phone: 801-355-1302
Hours: Shelter available 24/7; other services may have different hours. Free check room where transients can check their luggage

PREPARED MEALS

Eagle Ranch

500 South 600 West (outdoors)
Phone: 801-254-4945
Hours: Su 7 am – 11 am

Good Samaritan Program

347 East South Temple
Phone: 801-328-5633
Hours: Sack lunches: 9 am – 8 pm daily

Rescue Mission of Salt Lake

463 South 400 West
Phone: 801-355-1302
Hours: M - Sa 6:15 am - 6:45 am; Lunch: Daily from 12 noon - 12:30 pm; Dinner: Daily at 8 pm following 7 pm chapel service

St. Vincent de Paul Center (Bishop Weigand Homeless Center)

437 West 200 South
Phone: 801-363-7710
Hours: Lunch: M – F 11:30 am – 12:30 pm. Dinner: 5 pm – 6 pm daily
Brunch: Sa 10 am – 11 am

GROCERIES/EMERGENCY FOOD

For nearby food pantries, see Food Resource List or call 2-1-1

MEDICAL

Fourth Street Clinic (Only serves the homeless community)

409 South 400 West
Phone: 801-364-0058, by appointment only
Hours: M, W, Th 8 am – 6 pm; Tu 8:30 am – 6 pm; F 8 am - 5 pm

For a referral to additional medical clinics, call 2-1-1

DENTAL

Salt Lake Donated Dental Services Clinic

1383 South 900 West Ste 128
Phone: 801-983-0345, call for hours and eligibility

For a referral to additional dental clinics, call 2-1-1

COUNSELING SERVICES

Valley Behavioral Health
Intake Line: 888-949-4864

For a referral to additional mental health clinics, call 2-1-1

WELFARE/FINANCIAL ASSISTANCE

Utah Department of Workforce Services
SNAP, financial assistance, child care, medical coverage, etc.
Central Eligibility: 866-435-7414 x3

EMPLOYMENT ASSISTANCE

Metro Employment Center (Dept. Workforce Services)
720 South 200 East
Phone: 866-435-7414

CRISIS NURSERY/DAY CARE

Care About Childcare
Assistance in selecting a daycare provider in local area
Phone: 800-839-7444

Family Support Center
Sugarhouse: 2020 South Lake Street (740 East)
Phone: 801-487-7778
Midvale: 777 West Center Street (7720 South)
Phone: 801-255-6881

CLOTHING

Rescue Mission of Salt Lake (men)
463 South 400 West
Phone: 801-355-1302
Hours: M, W, F 9:30 am – 11:30 am

Rescue Mission Women's Center (Rescue Haven)
1165 South State Street
Phone: 801-521-5925
Hours: Daily 9 am – 5 pm

St. Vincent de Paul Center (men, women)
437 West 200 South
Phone: 801-363-7710
Hours: Tu & F 8 am - 10:15 am

PERSONAL CARE ITEMS

Good Samaritan Program
347 East South Temple
Phone: 801-328-5633

VOA Homeless Outreach Program
Sleeping bags, winter clothing, food sacks
Phone: 801-631-7584

OPTICAL

Fourth Street Clinic
409 South 400 West
Phone: 801-364-0058 (call for schedule)
Eye exam and glasses: Sliding scale fee (Must be paid up front)

SUBSTANCE ABUSE TREATMENT

AA Meetings (24 hour number) 801-484-7871
First Step House, 411 North Grant Street 801-359-8862
Fourth Street Clinic (Referrals only) 801-364-0058
VOA Alcohol/Drug Detox Center
252 West Brooklyn Avenue (1025 South) 801-363-9400

LEGAL

Street Law Free Legal Clinic
Open to any low-income Utahn on a first-come first-serve basis
Horizonte School 1234 South Main Street
Hours: 2nd, 3rd, and 4th Tu 5 pm - 6:30 pm

VETERANS ASSISTANCE

VA Homeless Outreach Program
Phone: 801-582-1565 x 6315

OTHER SERVICES

Adult Education/GED
Horizonte 801-578-8574

Haircuts
Bishop Weigand Homeless Day Center 801-363-7710
(Sign up in person M 7 am)
Homeless Youth Resource Center 801-364-0744

Mail
Downtown Post Office 230 West 200 South 801-532-5501

Showers
Bishop Weigand Homeless Day Center 801-363-7710
M - F, 7am – 10:20 am

Temporary Storage
Bishop Weigand Homeless Day Center 801-363-7710
(14 day storage for small items only)
Transitional Storage Program (A Place for Your Stuff) 801-535-6402

Utah ID, Birth Certificates
The Road Home 801-359-4142

Last update: March 2019
Please visit 211utah.org for the most current resource lists.

United Way 2-1-1 is the place to call if you need help or want to give help. Callers can be linked to resources available from health and human service programs throughout the state.